

# LUNCH

## TUESDAY, FEBRUARY 10, 2026

### CHICKEN TACO CASSEROLE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
333	657mg	21g	18g	22g	64mg	0g

### PORK LOIN W/APPLE CRANBERRY CHUTNEY



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
280	450mg	24g	14g	12g	69mg	0g

### QUINOA TACO CASSEROLE



cashew

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
310	535mg	14g	9g	41g	0mg	5g



contains wheat



contains egg



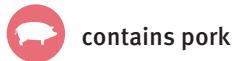
contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergens

# DINNER

## TUESDAY, FEBRUARY 10, 2026

### CHICKEN PENNE RUSTICA



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
368	651mg	21g	21g	23g	58mg	1g

### HOT TURKEY & BACON CROISSANT



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
455	1,070mg	22g	25g	35g	101mg	1g

### LEMONY PASTA W/CHICKPEAS



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
330	725mg	16g	15g	33g	21mg	5g

### POTATO VINDALOO



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
175	150mg	4g	3g	33g	0mg	4g

contains wheat

contains egg

contains milk

vegetarian

vegan

contains pork

contains fish

contains shellfish

contains nuts

ask about allergen